

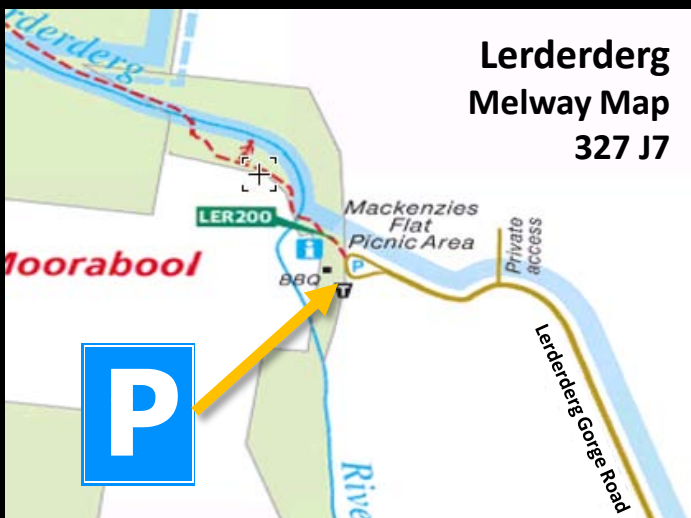
LERDERDERG GORGE HIKE



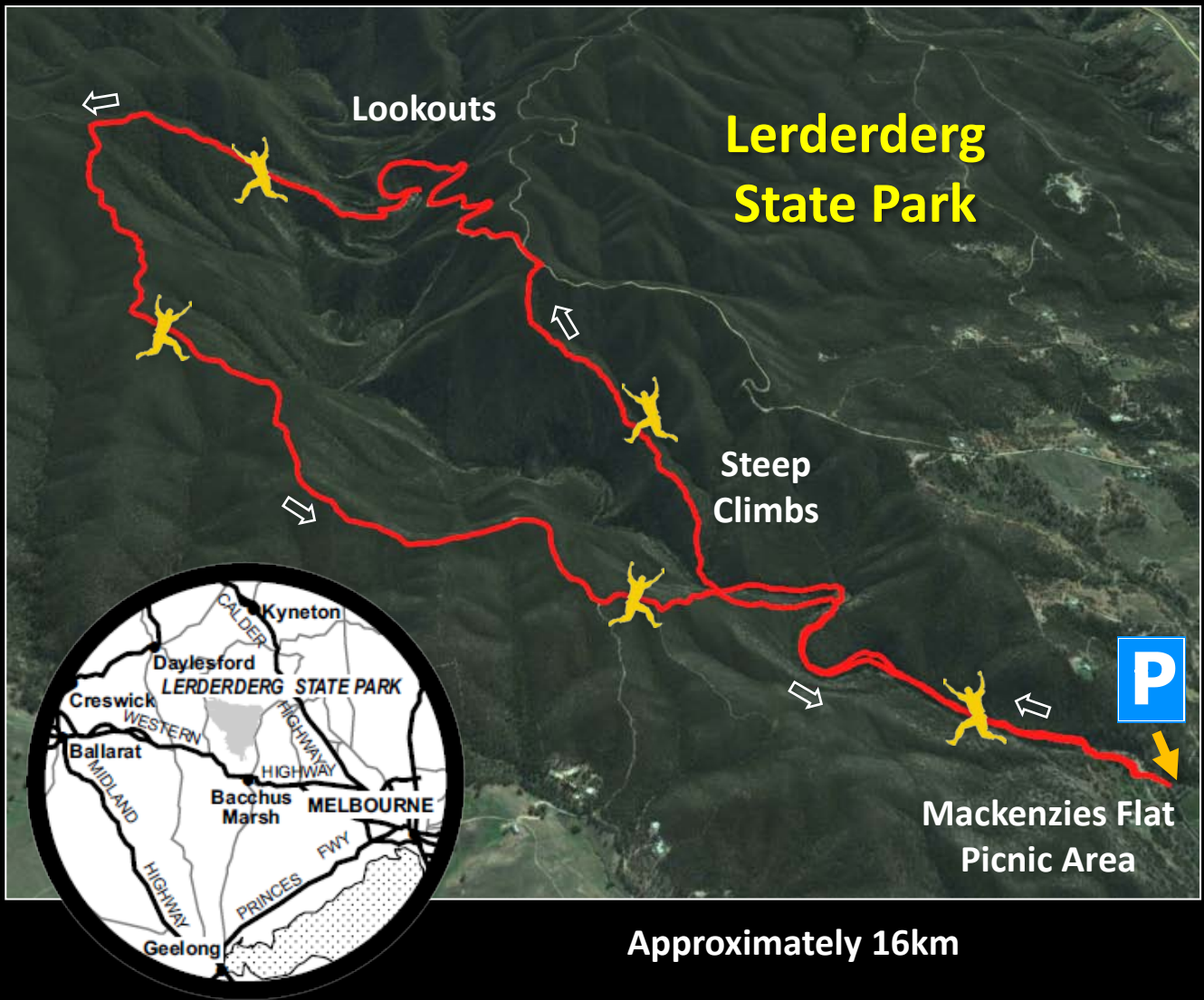
The Lerderderg River, which rises on the Great Dividing Range, has cut a rugged 300 metre deep gorge through sandstone and slate in its course southwards to the plains near Bacchus Marsh (60km from Melbourne).

A combination of easy hiking through to steep climbs up spurs will provide you with excellent training for your expedition. Wear your backpack to really test yourself and if you plan to use walking poles on your trek, practice with them on this track. Established unsealed walking tracks will be used.

The duration of this hike is around 5-6 hours and it will loop back to the starting point at Mackenzies Flat picnic area. It is not recommend for beginners as it involves some long and quite steep climbs.



LERDERDERG GORGE WALK - VICTORIA



Approximately 16km

What to Bring

Depending on the weather, during the warmer months, shorts and t-shirts would be adequate. However, during the cooler months, a warm set of clothes is recommended.

- Backpack or day pack
- Water with at least 2 litres available
- Good walking shoes preferably the ones you will be trekking in
- Rain jacket
- Energy food, nibbles

- Change of clothes just in case
- Lunch
- Good sense of humour
- Any equipment you may use on your expedition such as a walking poles
- Warm clothes (winter months)



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